

Woman's Christian Temperance Union

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Friends and Sisters

The end of the year fast approaches. Has it been a year of growth for WCTU in your area? Have many more heard the preventive messages of temperance? Have you shared the good news of Jesus Christ and His salvation and of life and health offered when we follow the principles of the Scriptures?

Remembering the 40th World Convention in Canada

It was thrilling to meet people doing mighty things for the temperance message while at the World Convention in Canada in August. Please see the attached paper with **significant quotes** from some of the speakers. Many of us came away inspired and excited to continue and add to the work of spreading the temperance message throughout the world.

News from Kenya

In Kenya the **Nairobi group** are growing their ministry of Rehabilitation for Alcoholic and Drug addicts in a slum township. They are having excellent results and have seen people come to know Jesus and entirely change their lives for the better. The people they are helping now have hope.

News from Papua New Guinea

In Papua New Guinea we are just completing a set of 10 WCTU video programmes for **Youtube**. We are young people and older sharing the temperance message. This has been an exciting venture and a very good avenue of outreach to the world. We suggest you copy this idea in your country. Ask for more details if you need them.

2 Dates, 2 Ideas

There are two dates you might like to use as a way to reach your community. November 13 is **World Kindness Day**. You could promote WCTU and share the abstinence message in your community - thereby showing kindness to all. November 25 is the **International Day for the Elimination of Violence Against Women**. Here is a day to focus on alcohol which is one of the main reasons for violence against women. Help to stop it - to END IT NOW.

Just Do It NOW

WCTU has been going ever since 1874 - it cannot stop now. The need is still and even more urgent to show the dangers of alcohol, tobacco and other drugs. There are so many simple ways you can do something. See the attached paper - **Just Do It**. And always show LOVE in everything. God bless you.

JOY BUTLER

2nd Vice President, WWCTU and Field Worker for Africa and Papua New Guinea

NOTES & QUOTES from 40th Triennial World WCTU Convention

August 18-24, 2016

Ottawa, Canada

“Preserving the Past, Reflecting the Present, Shaping the Future.”

Margaret Ostenstad, World President

Since 1883 we have shown that we care. We are here to learn from the past, live in the present and go into the future. Today is the tomorrow you dreamt about yesterday. There are huge costs to governments as a result of alcohol use. One billion people in the world have no clean access to water. We must show LOVE.

Sarah Ward, Pastor World President

It all began in 1873-1874 with the Woman's Crusade - Mother Thompson, Hillsboro, Ohio. Many taverns closed but later opened and the women marched again. They realised they must get organised - so in 1873, December 15, the first Woman's Christian Temperance Union was inaugurated. Be kind to one another, be gracious and build relationships. There is abuse in homes and we need to speak out, not keep information to ourselves. Be positive. We are here for a healthy life. Teach about 'Alcohol, Tobacco and other Drugs' over and over. Go to schools and teach. Our message is always total abstinence. Stay relevant.

Doctor Allan Handysides, Obstetrician, Health Educator, Canada

We recommend abstinence for all women during pregnancy but in light of new studies - we as WCTU members need to emphasise the avoidance of alcohol by both - mothers and fathers. Because of the complexity of society and causes of the emotional and economic factors - education alone is not going to be sufficient. Real change follows real relationships. It is going to be necessary, because of the endemic social factors in many lives and which cause long shadows throughout the life of the individual, to make change. We must make changes to the social conditions of people in this world.

Doctor Peter Landless, Cardiologist, Health Educator, South Africa and USA

There is no safe level of alcohol intake. It is a known carcinogen. Re Addiction: Alcohol education at an early age is important. Fostering relationships and connectedness with youth is important. This social support develops resilience enabling youth to cope with difficult decisions and choices despite peer pressure. An additional layer of protection from at-risk behaviour for all, is connectedness to a set of values, such as the principles of the Bible and faith.

Taru Koivisto, Finland

Only 3% of money in European countries is spent on preventive health education.

Doctor Kiti Freier Randall, Paediatric Psychologist, Loma Linda University, California, USA

Children see - children do. What they see over and over, day after day, they do. We must teach them to be resilient.

Reverend Gena Torres, Canada

We can depend on the faithfulness of God in the past, present and the future. The youth want to hear and are hungry for God's message. They want something to believe in. Jeremiah 33:3 is our emergency number 'Call unto me and I will answer you, and show you great and mighty things which you do not know.' God is for us. He is with us.

Doctor Katia Reinert, Health Educator, Washington DC, USA

1/2 of violent crimes; 1/2 of traffic accidents; 70% of drownings; 2/3 of suicides - are all linked to alcohol use. Alcohol is the most widely used substance of abuse among youth. The key issue is - how can we make youth resilient in the face of negative experiences? We must connect them to God.

Joy Butler, 2nd Vice President, Field Worker for Africa and PNG, WWCTU

Eight important attributes of a good leader are - focussed, passionate, organised, good character, communicative, persistent, persuasive, committed. To be persuasive a leader's head will understand people, love people and help people. Jesus' leadership style was Servant/Leadership.

JUST DO IT

- 1 Pray alone, with others, at church for WCTU
- 2 Collect items on the topic of temperance
- 3 Teach your children about temperance and how to say NO
- 4 Sign the temperance pledge with your family
- 5 Invite others to sign the pledge
- 6 Speak at church, at Sunday or Sabbath School, at youth groups
- 7 Prepare a talk for radio
- 8 Make a film for youtube
- 9 Send text messages to friends about temperance
- 10 Write on facebook, in the newspaper, in women's magazines
- 11 Promote WCTU everywhere
- 12 Give out literature to neighbours
- 13 Have a party for children, eat, sing and talk about temperance
- 14 Show children the DVD - Betty's Clinic
- 15 Look at websites and facebook pages
- 16 Tell your town council about WCTU
- 17 Talk to government officers who you know about temperance
- 18 Help to make good laws curbing alcohol and drug use
- 19 Be a friend to someone in need
- 20 Pray for WCTU at noon every day