

HOME PROTECTION DEPARTMENT

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The **purpose** of the Home Protection Department is to strengthen Christian family values, encourage family members to help toddlers and pre-schoolers to develop a lifetime commitment to total abstinence through the WCTU program, and to promote non-alcoholic drinks for entertaining.

Goals: To enlist Little White Ribboners, organize Tots for Temperance, present non-alcoholic punch/beverage recipes, alert parents to problems of Internet safety and other concerns.

A basic list of **projects** for this department is given below. Use the interests and creativity of your members to add other projects but use the purpose of each department as a guide for the correct placement of the projects.

1. Recruit Little White Ribboners (birth to 6 years of age) whose parents and/or grandparents pledge to teach the child the values of total abstinence. (See the Program Kit for pledge and related ideas)
2. Conduct a contest to promote alcohol-free drinks.
3. Distribute non-alcohol drink recipes; promote their use for parties and special occasions.
4. Hold a cooking seminar to promote cooking without the use of alcohol.
5. Distribute information about the harms of gambling and pornography.

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DEAR HOME PROTECTION DIRECTORS:

I believe the Little White Ribboner department (which is birth to age six) of the WCTU is the first introduction to our WCTU message. Whether it be the mothers of a newborn baby or young children, it's never too early to learn the dangers of alcohol and other drugs.

Keeping in contact with new moms and Little White Ribboners on a regular basis is essential to keeping our temperance message on the forefront. Our desire is that it will be a part of their lifestyle.

New moms like getting together with other new moms. So find ways to bring them together.

Here are a few suggestions:

1. Have a baby clothing swap/give away, or make it a whole family clothing give away, or even better, extend the give away to the community. What a great way to find prospective members!
2. Have a "morning out for mom." Maybe you could find some caregivers to come and watch the babies while mom listens to a speaker on various subjects (i.e. nutrition and health, postpartum depression, time management, organizing the home, safety in the home).
3. Get together to make a holiday craft and "Tea Time" or have a Christmas cookie exchange.
4. Mother's Day - every mother likes to be pampered for her special day. You could invite moms for a "spa" treatment where they would get a manicure and pedicure. This would be a great time to have a speaker come and speak about "inner" beauty.
5. Easter - could be a brunch - the Easter story told
6. Prenatal Fairs - a great opportunity to meet "moms-to-be". Your display could share samples of "mocktails" and present FASD material.

Have Fun!

Florence Einwechter (Canada)

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SAMPLE - LITTLE WHITE RIBBONER PROGRAM

- Welcome
- Opening Prayer
- Children are precious to the Lord.
- Songs:
 - “Jesus Loves Me”
 - “Jesus Loves the Little Children”
- Scripture:
 - You are fearfully and wonderfully made – Psalm 139:13-16
 - The hairs on your head are numbered – Matthew 10:30
- Bible Story with temperance message: Tell the story in Daniel 1
- Colouring sheets could be given out to the older LWR children to colour during the program.

Go to the sample colouring pages link below to find a colouring sheet on Daniel from Bible Stories listed.

<http://www.google.ca/search?q=colouring+pages+of+bible+characters>

- Start a discussion with the moms about making nutritious lunches and snacks for the children, share ideas, maybe even prepare an example: (see punch recipes included in this kit.)
- End the program with a fun snack (see website below) and nutritious drink (see recipes in this kit or the Australian WCTU website has some great recipes).

The magazine “Today’s Parent” has good tips on parenting and recipes for nutritious snacks for children. Here is the link:

<http://www.todaysparent.com/recipes>

As always, be prepared with take home material. Send mom home with a gift bag.(i.e. FAS material, LWR Enrolment Record cards, WCTU membership cards and something special just for mom).

Alcohol-free Drink Recipes



Strawberry Lemonade Tea Refresher

- 2 cups frozen strawberries
- ¼ cup sugar
- 1 can of frozen pink lemonade
- 2 cups of cold tea
- 2 cups of cold water
- 1 bottle of ginger ale

Puree frozen strawberries with sugar. Blend strawberry puree with frozen lemonade concentrate, water and tea. Add ginger ale and serve over ice. Garnish with lemon slices. Enjoy!

Prepared by: Canadian Woman's Christian Temperance Union



Hot Fruit Punch

- 4 cups hot tea
- 4 cups cranberry juice
- 3 cups apple juice
- 2 cups orange juice
- 1 cup sugar
- ¾ cup lemon juice

Combine all the ingredients together and bring to a boil. Serve hot in mugs garnished with cinnamon sticks. Enjoy!

Prepared by: Canadian Woman's Christian Temperance Union

Alcohol-free Drink Recipes

Any gathering of people together is a good time to provide alcohol-free drinks. Look for occasions to try a new recipe: special holidays, picnics, church functions, school functions, graduations, wedding and baby showers, business and local government meetings.

Wouldn't it be great if local unions created a whole book of alcohol-free recipes and had it printed and distributed? The [Australia WCTU website](#) has several delicious recipes.

Here are two samples:

TROPICAL DELIGHT

Place in blender:

¼ mango

½ banana

Milk

Once a creamy consistency has been reached and no lumps are left, pour into glass.

Place a straw and little cocktail umbrella

Add a sprinkling of crushed nuts.(consider those with nut allergies)

Serve immediately.

(Serves 2)

FRUIT PUNCH

Ingredients:

1 - 64 oz. (2l) bottle fruit punch

1 - 64 oz. (2l) bottle unsweetened pineapple juice

1 – 2 liter (64 oz.) bottle ginger ale - chilled

½ gallon (2l) orange sherbet

Mix all ingredients in punch bowl, adding sherbet last.

As sherbet melts, stir gently and serve.

(Serves 60 - 4 oz. [110 ml] servings)