

2015 World Activity Kit - Children

The activities provided in this kit are designed to address the three main areas of our work: Drugs, Alcohol and Tobacco. There are three activities in each area as well as an activity on the pledge that the children make and activities for Christmas and Easter. You may choose scripture memory texts as desired.

A. Drugs and Spiders:

1. This activity is focused on the theme that [drugs are a trap](#). It likens them to a spider's web. You can do an activity looking at different spiders' webs and admiring their beauty when covered with dew and the fine workmanship and the facts associated with the spider's thread. However, point out that even though they are attractive, they are death traps. Drugs too can appear attractive but they too, are death traps.
2. Follow the theme of spiders and look at [different types of spiders](#) and those that are dangerous. This can lead into looking at different types of drugs and the dangers they pose. Encourage the children to stay away from drugs and to say No.
3. This completes the theme on spiders and looks at the [effects some drugs have on spiders](#). One such study was done some years ago when a scientist was trying to photograph an orb weaving spider spinning its web and tried different drugs to make the spider weave its web at a time other than in the early hours of the morning. The effects on the ability of the spider were interesting. See http://en.wikipedia.org/wiki/Effect_of_pschoactive_drugs_on_animals

B. Alcohol:

4. This activity looks at the things that [alcohol destroys](#). This can be linked to the illustrations of alcohol and dehydration and how it affects the organs of the body as well as its social impact.
5. This looks at [alcohol and road trauma](#). The activity could be used for a colouring competition. The message of water being the best choice is to encourage a positive message and not just the negative of not drinking alcohol. We need to stress the importance of good habits as well.
6. This activity could also be used as a colouring competition. This one focuses more on being prepared to be different to peers who may choose to drink. [Dare to be different](#). Some activities could include famous people who chose to be different and not follow the crowd.

C. Tobacco:

7. This activity looks at the issue of [secondhand smoke](#) (passive smoking). Encourage children to move away from smoke filled areas and choose fresh air. Look at the issues surrounding secondhand smoke and how it affects the health of those around them. Encourage children to have a voice in local laws banning cigarette smoking in public places.
8. This activity can be used in May for [World No Tobacco Day](#). It is looking at the issue of not starting to smoke and why it is important not to start.
9. This activity again looks at the effects of [secondhand smoke on babies](#) and young children. It can also be linked to alcohol and drugs and FASD. Help children to understand the concept that drug use of any kind does not just affect the person concerned but affects others around them. Look at the ways alcohol, drugs and tobacco affect innocent people and why it is important that we make good choices that will not bring bad effects on others.

D. Promise:

10. This activity is based on the [child's promise](#) to be a drug-free kid. Help them to also register online at www.drug-freekids.com/pages/pledge.html

E. Special Events:

11. [Christmas Activity](#) - encourage children to understand that Jesus came and lived on earth - was born as a little baby and lived as a man facing temptations like us. He offers us His strength to say "No" to temptations too.
12. [Easter Activity](#) - Jesus died for our sins and was resurrected to show His power over sin and death. We have new life in Him.